

- 1) When you were growing up, what was your favourite food? Do you still enjoy it? At what point did you realize you were no longer a child? Where is the line between immaturity and maturity?
- 2) Who is the most spiritually mature person you know? What about them defines them as spiritually mature? How do you think they got that way?
- 3) Read 1Peter 1:22-2:3. Peter says in 1:22 that his readers have “purified themselves,” yet in 2:1 he exhorts them to get rid of various sins. Can you be “purified” yet still so immature that you are engaged in the five sins Peter mentions in 1Peter 2:1? How and why (or why not)?
- 4) During the message, Pastor Marcus observed that “Pure spiritual milk is the elementary truth of holiness.” What was the first thing you learned about holiness?
- 5) Read Hebrews 5:11-14 in at least two different translations. What does the passage tell you about becoming more spiritually mature? Consider 1Corinthians 3:1-3 in your response.
- 6) What is spiritual meat as opposed to spiritual milk? Milk we simply drink, but meat must be chewed to be digested. How do you “chew” spiritual meat? What is the difference between that process vs drinking spiritual milk?
- 7) How important is it to you that others around you are spiritually mature? Considering your response, who is being held back in their walk with Christ because you aren’t as spiritually mature as you might otherwise be?